# **Pharmacy School Preparation Guidelines**

This guide is intended for students planning to start a pharmacy program after two years of undergraduate studies. Many students complete a third year or an undergraduate degree before starting pharmacy school. Pre-Health Advisors are available to assist students with planning a timeline to apply.

#### Every Semester you should plan to:

- 1. Successfully complete pre-professional coursework
- 2. Maintain excellent grades (3.0 and above to be competitive); math and science coursework is especially critical
- 3. Keep your legal and student behavior records clean! These records can impact both admissions and professional licensure
- 4. Explore and participate in meaningful activities and experiences
- 5. Get to know your faculty and instructors and meet with a Pre-Health Advisor

### Freshman Year - Fall Semester

- Participate in PRX 100 Pre-Pharmacy Seminar (enroll during summer registration)
- Focus on your academics and transition to college seek assistance early if needed!
- Start a resume track activities and experiences; journal observations
- Be active go to fairs and events and join the Pre-Pharmacy Club student organization
- Explore a service opportunity and begin participation
- Explore employment as a pharmacy technician (or other healthcare employment) to confirm fit for pharmacy profession and gain experience
- Shadow Pharmacists in a variety of settings to learn all that Pharmacists can do
- Research pharmacy schools for pre-requisite courses, requirement to take the Pharmacy College Admissions Test (PCAT), GPA ranges, admissions selection factors, etc.
- Begin considering who you will ask for Letters of Recommendation for your application it is recommended to have at least one academic reference
- Begin brainstorming your personal statement; write a rough draft by Spring

#### TIP: Pharmacy experience and participation in service are important in your Freshman year!

Note: Early Assurance students for Creighton's PharmD program should follow guidelines from the School of Pharmacy Admissions Office

## Freshman Year - Spring Semester

- Assess your academic and co-curricular readiness to apply by meeting with a Pre-Health Advisor or School of Pharmacy and Health Professions (SPAHP) admissions staff
- Continue meaningful service and experiential activities
- If a PCAT is required for schools you are considering, make a study plan and decide when you will take the exam (PCAT is not required by Creighton School of Pharmacy)
- Participate in shadowing and mentoring opportunities with current Creighton pharmacy students
- Shadow Pharmacists in a variety of settings
- Research pharmacy schools for pre-requisite courses, PCAT requirements, GPA ranges, admissions selection factors, letters required, etc.
- Before end of semester, contact letter writers and get confirmation they will write a strongly supportive letter for your application
- Continue working on personal statement
- If applying to more than one pharmacy program, review the sections of the PharmCAS application to begin preparing to apply
- Enroll in PRX 200 for Sophomore year (Spring)

#### TIP: Pharmacy experience and service are important in your Freshman year!

Note: Early Assurance students for Creighton's PharmD program should follow guidelines from the School of Pharmacy Admissions Office



#### Summer after Freshman year

- Continue or begin employment or volunteer work in pharmacy or healthcare setting; continue shadowing pharmacists
- Continue study for PCAT and take exam (if required by a school you are applying to Creighton does not require the PCAT)
- Begin work to prepare for PharmCAS application in July: order a student copy of official transcript, begin writing about activities and experiences, finalize personal statement, prepare to order official transcripts, confirm letters of recommendation, etc.
- For early consideration, apply by September 1<sup>st</sup>
- If eligible, apply for PharmCAS Fee Assistance Program before submitting application
- After PharmCAS submitted, check to see if transcripts received, letters submitted, etc., and complete any supplemental application materials required by individual schools
  in a timely manner (late Summer / early Fall)
- Confirm with schools your file is complete (early Fall)
- Make a plan in advance for the possibility of not being offered an acceptance
- Note: Early Assurance students will not be required to do PharmCAS unless applying to schools other than Creighton

## Sophomore Year

- Continue to follow up on your application status to ensure your file is complete; submit any supplemental applications required at individual schools
- Participate in PRX 200 Pre-Pharmacy seminar
- Continue meaningful service and experiential activities
- Continue to focus on getting good grades
- Once you are scheduled for an interview at any school, set up a practice interview with the Career Center
- Interview at pharmacy schools November April
- Follow guidelines for admissions acceptances and pay appropriate deposits
- After fall grades are posted, submit PharmCAS Fall Academic Update and send updated transcripts (December)
- Explore your options for financing your pharmacy school tuition and expenses use resources in PRX 200
- Continue to explore your options and prepare for an alternative plan if you do not receive an acceptance

#### Note: Early Assurance students will:

- Submit a completed Early Assurance Information Form by November 1st
- Complete a progression interview; you can schedule a practice interview with the Career Center once this is scheduled

## Junior Year – If not accepted to a pharmacy program

- Identify any weaknesses in your application and make a plan to strengthen those areas before applying again
  - Identify appropriate science courses to take to enhance your readiness for pharmacy school and/or strengthen your GPA for an application
  - Some courses you might consider are Biochemistry, Physiology, Physics, Statistics, Microbiology, Cell Biology
- Participate as a Guest in PRX 200 to stay connected to resources, information, and support
- Consider whether or not you will apply after Junior year or opt to complete an undergraduate degree
- If you decide to complete a degree, select a major and plan courses to meet all Magis Core and major requirements work with your primary academic advisor and/or faculty in the department of your major
- Continue to get good grades
- Continue participation in meaningful service, pharmacy/healthcare experience, leadership, pharmacy student mentoring, and shadowing of pharmacists well-rounded
  applicants are competitive applicants!